

2019 Premium Rates Alberta

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$73.50	\$95.20	\$129.60	\$169.90
45-54	\$85.10	\$110.70	\$145.20	\$198.20
55-59	\$94.90	\$117.80	\$151.80	\$207.10
60-64	\$99.90	\$126.70	\$153.20	\$210.10
65-69	\$81.80	\$99.50	\$117.50	\$168.70
70-79	\$88.90	\$110.50	\$126.90	\$174.00
80-89	\$97.70	\$146.50	\$165.80	\$225.60
90+	\$126.00	\$197.20	\$208.50	\$266.50
Couple				
18-44	\$66.00	\$87.70	\$121.70	\$161.20
45-54	\$77.50	\$103.00	\$137.40	\$189.70
55-59	\$87.10	\$110.20	\$143.90	\$198.90
60-64	\$92.30	\$119.20	\$145.40	\$202.20
65-69	\$74.50	\$92.60	\$110.90	\$161.30
70-79	\$81.30	\$104.10	\$120.70	\$166.80
80-89	\$90.30	\$138.60	\$158.40	\$217.80
90+	\$118.70	\$189.50	\$201.10	\$258.30
Child (1 or 2 children)				
00-20	\$23.30	\$29.90	\$61.20	\$93.30
Child (3 or more children)				
00-20	\$21.30	\$26.80	\$55.00	\$83.70

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates British Columbia

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$74.90	\$99.30	\$132.70	\$170.90
45-54	\$86.50	\$114.80	\$147.70	\$197.40
55-59	\$96.10	\$121.00	\$153.70	\$205.30
60-64	\$101.60	\$131.20	\$156.80	\$210.10
65-69	\$79.30	\$104.40	\$122.50	\$162.10
70-79	\$89.60	\$124.70	\$140.70	\$182.20
80-89	\$104.90	\$166.80	\$184.90	\$240.90
90+	\$144.60	\$233.50	\$244.00	\$300.90
Couple				
18-44	\$67.70	\$91.60	\$124.90	\$162.00
45-54	\$79.00	\$106.80	\$139.60	\$189.10
55-59	\$88.50	\$113.50	\$146.10	\$197.10
60-64	\$93.90	\$123.60	\$149.10	\$201.90
65-69	\$71.90	\$97.00	\$115.40	\$155.20
70-79	\$82.40	\$117.50	\$134.10	\$175.00
80-89	\$97.60	\$159.10	\$177.40	\$233.40
90+	\$136.90	\$225.80	\$236.50	\$292.70
Child (1 or 2 children)				
00-20	\$22.20	\$29.00	\$59.00	\$87.80
Child (3 or more children)				
00-20	\$20.20	\$26.20	\$53.00	\$79.10

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates Manitoba

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$73.50	\$96.90	\$129.00	\$166.80
45-54	\$84.60	\$114.00	\$146.20	\$196.70
55-59	\$94.20	\$120.90	\$152.70	\$205.00
60-64	\$99.10	\$130.40	\$155.30	\$209.20
65-69	\$97.90	\$132.30	\$150.20	\$201.70
70-79	\$108.50	\$154.10	\$170.60	\$225.40
80-89	\$123.50	\$189.20	\$208.10	\$277.60
90+	\$158.60	\$252.40	\$263.60	\$338.10
Couple				
18-44	\$66.00	\$89.30	\$121.20	\$157.90
45-54	\$77.00	\$106.00	\$138.10	\$188.20
55-59	\$86.30	\$112.60	\$144.70	\$196.50
60-64	\$91.60	\$122.50	\$147.70	\$201.10
65-69	\$90.30	\$124.60	\$142.80	\$194.30
70-79	\$100.90	\$146.50	\$163.40	\$217.80
80-89	\$116.00	\$181.70	\$200.40	\$269.60
90+	\$151.10	\$244.80	\$256.00	\$329.90
Child (1 or 2 children)				
00-20	\$22.50	\$29.00	\$58.20	\$87.00
Child (3 or more children)				
00-20	\$20.30	\$26.10	\$52.10	\$78.30

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates New Brunswick

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$80.50	\$107.10	\$141.30	\$183.60
45-54	\$93.80	\$127.40	\$162.30	\$217.30
55-59	\$104.00	\$134.50	\$168.80	\$225.50
60-64	\$110.30	\$146.40	\$172.40	\$231.40
65-69	\$110.10	\$149.00	\$168.00	\$224.40
70-79	\$122.20	\$173.80	\$191.00	\$250.90
80-89	\$138.00	\$211.80	\$231.30	\$307.10
90+	\$187.50	\$295.50	\$306.90	\$390.40
Couple				
18-44	\$73.30	\$99.70	\$133.60	\$174.50
45-54	\$86.20	\$119.50	\$154.00	\$208.40
55-59	\$96.10	\$126.70	\$160.60	\$217.10
60-64	\$102.70	\$138.10	\$164.70	\$223.20
65-69	\$102.60	\$141.50	\$160.80	\$216.60
70-79	\$114.60	\$166.10	\$183.60	\$243.30
80-89	\$130.80	\$204.40	\$224.20	\$299.00
90+	\$179.80	\$287.80	\$299.80	\$382.30
Child (1 or 2 children)				
00-20	\$25.00	\$32.10	\$62.90	\$94.30
Child (3 or more children)				
00-20	\$22.50	\$29.00	\$56.80	\$85.10

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates Newfoundland and Labrador

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$75.20	\$100.10	\$133.50	\$171.80
45-54	\$87.40	\$118.60	\$152.70	\$203.10
55-59	\$96.90	\$124.80	\$158.10	\$211.00
60-64	\$102.20	\$134.90	\$161.10	\$215.50
65-69	\$100.60	\$136.30	\$155.20	\$206.70
70-79	\$112.30	\$159.40	\$177.30	\$231.80
80-89	\$128.50	\$197.00	\$216.70	\$286.00
90+	\$173.70	\$274.30	\$287.00	\$361.50
Couple				
18-44	\$68.00	\$92.50	\$125.60	\$162.90
45-54	\$79.70	\$110.40	\$144.40	\$194.70
55-59	\$89.00	\$117.00	\$150.60	\$202.40
60-64	\$94.50	\$127.20	\$153.40	\$207.50
65-69	\$93.20	\$128.50	\$147.90	\$199.10
70-79	\$104.90	\$151.90	\$169.90	\$224.10
80-89	\$121.00	\$189.20	\$209.30	\$277.90
90+	\$166.10	\$266.70	\$279.00	\$353.40
Child (1 or 2 children)				
00-20	\$22.20	\$29.10	\$58.90	\$88.30
Child (3 or more children)				
00-20	\$20.20	\$26.20	\$52.90	\$79.30

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates Nova Scotia

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$77.90	\$103.60	\$135.60	\$174.80
45-54	\$90.20	\$122.40	\$155.00	\$206.60
55-59	\$100.10	\$129.30	\$160.80	\$214.40
60-64	\$106.00	\$140.60	\$164.70	\$219.80
65-69	\$80.10	\$111.20	\$129.20	\$170.40
70-79	\$90.60	\$132.90	\$149.10	\$191.70
80-89	\$105.30	\$167.40	\$184.60	\$240.10
90+	\$150.30	\$241.60	\$251.60	\$308.60
Couple				
18-44	\$70.30	\$95.80	\$127.50	\$166.00
45-54	\$82.80	\$114.40	\$146.40	\$197.90
55-59	\$92.30	\$121.40	\$153.10	\$206.00
60-64	\$98.40	\$132.60	\$156.80	\$211.60
65-69	\$72.60	\$103.80	\$121.90	\$163.10
70-79	\$83.40	\$125.50	\$141.60	\$184.20
80-89	\$98.10	\$159.90	\$177.40	\$232.00
90+	\$142.60	\$234.10	\$244.00	\$300.60
Child (1 or 2 children)				
00-20	\$23.90	\$30.90	\$59.70	\$88.70
Child (3 or more children)				
00-20	\$21.40	\$27.70	\$54.00	\$79.70

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates Ontario

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$75.40	\$103.70	\$140.30	\$180.30
45-54	\$90.40	\$123.70	\$160.40	\$218.10
55-59	\$100.30	\$126.50	\$161.60	\$219.80
60-64	\$107.80	\$139.60	\$166.90	\$227.50
65-69	\$89.40	\$117.00	\$137.40	\$185.20
70-79	\$107.20	\$144.80	\$162.00	\$211.30
80-89	\$138.30	\$233.10	\$254.30	\$329.80
90+	\$173.20	\$298.00	\$310.90	\$386.60
Couple				
18-44	\$68.30	\$96.40	\$132.60	\$171.90
45-54	\$83.00	\$115.90	\$152.10	\$210.00
55-59	\$92.80	\$119.00	\$153.80	\$211.80
60-64	\$100.00	\$131.80	\$159.50	\$219.80
65-69	\$81.80	\$110.00	\$130.40	\$178.10
70-79	\$100.00	\$138.10	\$155.60	\$204.50
80-89	\$131.20	\$225.40	\$246.60	\$321.90
90+	\$165.70	\$290.50	\$303.10	\$378.40
Child (1 or 2 children)				
00-20	\$16.00	\$20.70	\$53.30	\$80.00
Child (3 or more children)				
00-20	\$14.40	\$18.60	\$48.00	\$71.90

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

All premium rates are quoted on a per month per person basis. Premiums for couples and children are per individual. Premiums are based on individual's age at time of application and will change in accordance with published age groups as the individual's age increases. Premiums effective January 1, 2019; subject to change without notice.

2019 Premium Rates Prince Edward Island

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$78.70	\$104.60	\$139.10	\$180.00
45-54	\$91.40	\$124.20	\$159.30	\$213.30
55-59	\$101.50	\$130.80	\$165.40	\$221.20
60-64	\$107.10	\$141.90	\$169.00	\$226.40
65-69	\$94.60	\$129.90	\$149.40	\$198.40
70-79	\$106.20	\$153.40	\$170.50	\$222.20
80-89	\$121.60	\$189.50	\$208.70	\$274.00
90+	\$168.70	\$268.40	\$279.70	\$349.30
Couple				
18-44	\$71.50	\$97.00	\$131.20	\$171.00
45-54	\$83.70	\$116.10	\$150.90	\$204.50
55-59	\$93.40	\$122.90	\$157.40	\$213.00
60-64	\$99.60	\$134.10	\$161.10	\$218.40
65-69	\$87.40	\$122.30	\$141.90	\$191.20
70-79	\$98.80	\$145.60	\$163.30	\$214.40
80-89	\$114.30	\$182.00	\$201.20	\$266.00
90+	\$161.20	\$260.80	\$272.10	\$341.10
Child (1 or 2 children)				
00-20	\$24.10	\$31.10	\$62.20	\$93.30
Child (3 or more children)				
00-20	\$21.80	\$28.10	\$56.20	\$83.70

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

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2019 Premium Rates

Nunavut, Yukon and Northwest Territories

FollowMe™ Health Individual Insurance Plans				
Age group	Basic	Enhanced without dental	Enhanced with dental	Premiere
Individual				
18-44	\$93.90	\$128.90	\$175.40	\$229.60
45-54	\$108.80	\$151.30	\$199.30	\$271.40
55-59	\$121.00	\$159.40	\$206.90	\$281.80
60-64	\$129.90	\$176.30	\$213.80	\$291.50
65-69	\$130.60	\$181.70	\$209.80	\$284.20
70-79	\$151.40	\$223.40	\$249.10	\$329.40
80-89	\$183.10	\$294.30	\$323.20	\$426.90
90+	\$238.00	\$391.20	\$409.60	\$520.40
Couple				
18-44	\$86.50	\$121.00	\$167.70	\$221.10
45-54	\$101.50	\$143.20	\$191.20	\$262.90
55-59	\$113.20	\$151.60	\$199.10	\$273.70
60-64	\$122.30	\$168.40	\$206.00	\$283.50
65-69	\$123.30	\$174.00	\$202.40	\$276.90
70-79	\$144.00	\$216.00	\$241.60	\$321.70
80-89	\$175.70	\$287.20	\$315.40	\$419.00
90+	\$230.70	\$383.80	\$401.90	\$512.20
Child (1 or 2 children)				
00-20	\$30.00	\$38.30	\$80.40	\$122.90
Child (3 or more children)				
00-20	\$26.90	\$34.50	\$72.30	\$110.40

Travel add-on				
Age group	Individual		Couple	
	15-day	30-day	15-day	30-day
18-44	\$4.10	\$6.70	\$3.90	\$6.40
45-54	\$5.50	\$9.00	\$5.20	\$8.60
55-59	\$8.40	\$13.70	\$8.00	\$13.00
60-64	\$10.80	\$17.70	\$10.30	\$16.80
65-69	\$13.90	\$21.90	\$13.20	\$20.80
70-79	\$20.50	\$32.50	\$19.50	\$30.90
Children				
00-20	15-day	\$4.10	30-day	\$6.70

Maximum issue age: 69; coverage terminates at age 80.

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